



Young Farmers'  
Clubs of Ulster

Young Farmers' Clubs of Ulster  
475 Antrim Road  
Belfast  
County Antrim  
BT15 3BD

<b>Competition</b>	<b>Football</b>
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Depending on the number of team entries, heats will be held with the top six teams going through to the finals at the Balmoral Show in May (Thursday Show Day).

This competition takes place every year in April and May and is open to all members aged 16 and over. It is open to fully paid and transit YFCU members, with a male and female section. To be eligible to enter the Junior section, you must be aged 16 or 17 and to enter the Senior section, you must be aged 18 – 30. A junior can play up in a senior team, but a senior cannot play down in a junior team. The closing date for entries will be provided by HQ to club officials.

**Requirements:**

- Names must be provided at the time of entry.
- 5 players with 2 named substitutes can play at the heat – only one change can be made at the final from the original team sheet.
- A coordinator's name, email address and telephone number must be supplied.
- All team members must be dressed alike.

**Prizes**

Medals will be awarded to each member of the winning team and the runners up at the finals at the Balmoral Show.

**Marking Scale**

- One point will be awarded for a draw and two points for a win.

- If at the end of the league stage, teams are level on points, the league will be decided first of all on goal difference.
- If that is level the teams will replay with penalties and sudden death if necessary.
- In the event of a draw, the game will go to a penalty shootout, which will be best of 3 (each taken by a different player). Following 3 penalties per team, if a draw still occurs, a sudden death shoot out will decide the winner. Players on the field at the end of the game and who have not already taken a penalty will take these shots. Once all players have taken a penalty, the sequence of order will resume. Any player who is currently on a red card match ban cannot take a penalty.
- Substitutes can only be made when the ball has gone out of play and the referee has agreed the substitution. A player can only be substituted once per match.

### **Additional Information**

- There will be no offside rule.
- Only the goalkeeper is allowed in the penalty area.
- The goalkeeper cannot pick the ball up outside of the penalty area. It will result in a free kick for the opposition.
- Throw in rule and penalty area is to the referee's discretion.
- On the day of the finals at Balmoral Show the complete team must report to the Cattle lawn.

### **Red Card**

If a red card is issued at heat stage or final heat stage. The member will be sent off and banned from the current playing pitch. The team will be allowed to continue as a team of 4 and still are entitled to win as they started the competition with 5 members. The team is not allowed to replace the red card offending player with a substitute, the red card player is allowed to play in the next available match. If a match happens to be a final and a member receives a red card during that match they are still entitled to be awarded a medal if the team wins.

### **Protests**

See Protests in General Rules Section.

**Discipline**

Appoint one person in the Club who will be responsible for their Club members' behaviour during the event.

**Fair Play Award**

See Fair Play in General Rules Section. The Executive Committee of the YFCU reserves the right to amend or cancel any of the foregoing rules as it may consider necessary.

**Proficiency**

All team members will be awarded a proficiency point for taking part.

**Prizes**

There are both first and second place medals for female and male sections.